



CON-YYZ

TORONTO CHAPTER

How We Got Here

With a beautiful summer sunset serving as background, the Toronto chapter of the Canadian Obesity Network (CON-YYZ) hosted its first summer social event on Monday June 27, 2016. The program's theme, "How We Got Here" celebrated CON-YYZ's achievements and accomplishments at its one year anniversary. Approximately 60 guests enjoyed a light buffet of healthy foods and anniversary cake from Pia's Passion Bakery. Professor Jennifer Kuk of the Faculty of Health at York University led an engaging presentation on how changes in our lifestyles over the past 30 years have brought us to the obesity epidemic we face today. With an impressive turnout, delicious food and great people, the event surely is a harbinger of good things to come for CON-YYZ as it ushers in its 2nd year of educational offerings and networking opportunities for all interested in obesity issues in Canada.

