

ADVANCED CERTIFIED BARIATRIC EDUCATOR



canadian
obesity
network

Health Leadership
& Learning Network



Optimize outpatient bariatric care with the Advanced Certified Bariatric Educator program developed by York University and the Canadian Obesity Network.

FIND OUT MORE ABOUT THE PROGRAM: hlln.info.yorku.ca/acbe/

Our Mission

The Advanced Certified Bariatric Educator program will help you to implement your Certified Bariatric Educator (CBE) knowledge, and support outpatient obesity prevention and management through health coaching. Learn how to apply health coaching skills and use existing resources to support at-risk or bariatric patients in primary care, community centres, and specialty clinics. This four-day classroom program will focus on the real-world application of bariatric education and health coaching skills through interactive learning with your interprofessional peers.

The course will feature practice simulations of standardized case studies with patient actors in facilitated small groups each day.

Topics Include:

- Effective interprofessional collaboration and integration of clinical and community care
- Patient-centered communication, motivational interviewing and cognitive behavioural therapy skills
- Assessment and care planning competencies including nutrition, pain management, and coping skills
- System navigation of existing bariatric care services and resources
- Accommodations and safety measures specific to people with obesity
- Strategies to minimize bias towards people with obesity, and impact of media information around obesity
- Managing obesity outcomes including functional outcomes (mobility, pain levels) and personal outcomes (quality of life, distress)

Questions? Contact us at 416-736-2100 ext. 22170 or hlln@yorku.ca

PROGRAM BENEFITS

- **Add credibility to your practice with obesity education materials developed by leading experts in the field**
- **Enhance your CV with the Advanced Certified Bariatric Educator (A-CBE) certification recognized across Canada. Certification is valid for 5 years and there are NO annual ongoing fees to maintain this credential**
- **Practice and reinforce your skills through live simulations with patient actors in small groups each day of the course**
- **Learn and network with your interprofessional peers and share best practices through discussions**
- **Gain hands-on and practical health coaching training skills that can impact modifiable weight-related behaviours of clients and lead to improved quality of life**



WHO SHOULD TAKE THIS COURSE?

Registered health care professionals or allied health professional supporting bariatric surgical patients, bariatric medical patients, or persons with obesity
Pre-requisite: Certified Bariatric Educator (CBE) from the Canadian Obesity Network or international equivalent

CERTIFICATION

The program is offered as a partnership between York University and the Canadian Obesity Network. The program uses a professional development format and is non-degree and non-credit.

Participants who complete this program will receive a certificate of completion from York University and designation of Advanced Certified Bariatric Educator (A-CBE) from the Canadian Obesity Network.

Participants will also receive SCOPE accreditation and CDP points from the World Obesity Federation.

COURSE DETAILS

Session Dates:

Spring: May 30- June 2, 2018 (4 days)

Fall: September 24 - 27, 2018 (4 days)

Price: \$1500 + HST

CON members will receive \$150 off if they register by the early bird deadline of May 1, 2018.

The price per person includes light break refreshment, all materials, simulation actor fees, and instruction. Price does not include accommodation, lunch, or parking costs.

Download the registration form at:

<http://hlln.info.yorku.ca/files/2017/08/new-fillable-registration-form-HLLN.pdf>

To register or for more information:

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