

## Advanced Obesity Management Program

Developed by the Canadian Obesity Network (CON) in collaboration with mdBriefCase Group Inc., this in-depth, evidence-based program is designed for healthcare professionals who understand basic obesity principles and want to learn more.

Apply your learning through case-based scenarios so you can immediately implement new skills and knowledge into practice.

### Online ABOM Exam Prep Course

The online program provides helpful links along with study tips and tricks from ABOM diplomates.

### Planning Committee

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### Who should take this program?

If you're looking to take the next step in the learning continuum, this program is here to help. Learn the necessary tools and strategies to approach, assess and manage patients with obesity.



**Cost (before discount): \$495 + HST**

Visit [AdvancingPractice.com/Obesity](http://AdvancingPractice.com/Obesity) to learn more.

### Learning Outcomes

Upon successful completion of this program, you will be able to:

1. Discuss relevant epidemiology and causes of obesity
2. Encourage dialogue with patients who have obesity or are at-risk
3. Assess patients according to American Board of Obesity Management (ABOM) recommendations
4. Counsel patients on complications of obesity
5. Discuss risk, benefits, and options available for the management of obesity, including behavioural and pharmacological management
6. Recommend realistic prevention strategies patients can incorporate to avoid becoming overweight
7. Prescribe lifestyle recommendations for weight loss according to the needs of individual patients
8. Appraise bariatric surgery options for management of obesity
9. Apply relevant guidelines to assist in obesity management among paediatric and elderly populations



### Accreditation Details

Each module within the Advanced Obesity Management Program has been individually accredited. The program is expected to take participants approximately **16 hours** to complete, depending on your pace. Program certificates are offered once all module requirements are completed.

All modules meet the accreditation criteria of The College of Family Physicians of Canada for **Mainpro+**.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at <http://www.ama-assn.org/go/internationalcme>.

This event is an Accredited Group Learning Activity (**Section 1**) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and is approved by the Division of Continuing Professional Development, University of Manitoba. Participants should only claim credit for the actual number of hours attended.

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